

# Coach

**Overview:**

To train and prepare a team for matches, supporting the development of the squad.

**Reports to:**

The Head Coach or the Management Committee

**Time commitment:**

10 hours per week

**Responsibilities:**

- Act as a role model, promoting fair play and good behaviour.
- Encourage team spirit and a supportive group where players can improve.
- Organise safe and inspiring training sessions.
- Select the team and plan tactics and travel.
- Attend games, motivate and advise the squad on the day.
- Develop the players' fitness, skills and self-belief.
- Plan and monitor player development.

**Skills and attributes:**

- Coaching qualification or willing to work towards one.
- Ongoing knowledge of the sport.
- Well organised and an efficient timekeeper.
- Confident communicator (individually and to groups).
- Able to manage group dynamics: inspire, motivate and discipline.
- Capable of building trust with parents and players.